

| 2025/2026 |                                |                           |                          |                              |   |                                  |
|-----------|--------------------------------|---------------------------|--------------------------|------------------------------|---|----------------------------------|
|           | TERM 1                         |                           | TERM 2                   |                              | TERM 3                                      |                                  |
| Reception | Introduction to PE :<br>Unit 2 | Dance : Unit 2            | Fundamentals :<br>Unit 2 | Gymnastics : Unit 2          | Ball Skills : Unit 2                        | Games : Unit 2                   |
| Year 1    | Gymnastics<br>Team Building    | Fundamentals<br>Yoga      | Dance<br>Ball Skills     | Dance<br>Target Games        | Athletics<br>Striking and<br>Fielding Games | Net and Wall<br>Games<br>Fitness |
| Year 2    | Dance<br>Team Building         | Dance<br>Fundamentals     | Target Games<br>Yoga     | Invasion Games<br>Gymnastics | Athletics<br>Striking and<br>Fielding Games | Net and Wall<br>Games<br>Fitness |
| Year 3    | OAA<br>Fundamentals<br>Y3/4    | Dance<br>Ball Skills Y3/4 | Gymnastics<br>Dance      | Gymnastics<br>Football       | Athletics<br>Rounders                       | Dodgeball<br>Fitness             |
| Year 4    | Gymnastics<br>Rugby            | Yoga<br>Fitness           | Dance<br>Basketball      | Dance<br>Dodgeball           | Athletics<br>Cricket                        | Tennis<br>OAA                    |

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|--------|------------------------------|-------------------------------|----------------------------------|--------------------------------|--|---|
| Year 5 | <p>Dance</p> <p>Football</p> | <p>Gymnastics</p> <p>OAA</p>  | <p>Swimming</p> <p>Dodgeball</p> | <p>Netball</p> <p>Swimming</p> | <p>Swimming</p> <p>Rounders</p> <p>Fitness</p> | <p>Swimming</p> <p>Athletics</p> <p>Fitness</p> |
| Year 6 | <p>Rugby</p> <p>Parkour</p>  | <p>Yoga</p> <p>Basketball</p> | <p>Dance</p> <p>Dodgeball</p>    | <p>Dance</p> <p>Athletics</p>  | <p>Cricket</p> <p>Fitness</p>                  | <p>Tennis</p> <p>OAA</p>                        |