

PE Curriculum Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Introduction to PE: Unit 1	Dance: Unit 1	Fundamentals: Unit 1	Gymnastics: Unit 1	Ball Skills: Unit 1	Games: Unit 1
Year 1	Team Building	Target Games	Dance	Ball Skills	Invasion	Striking and Fielding
	Fundamentals	Dance	Yoga	Gymnastics	Athletics	Net and Wall
Year 2	Team Building	Yoga	Dance	Dance	Invasion	Striking and Fielding
	Fundamentals	Target Games	Ball Skills	Gymnastics	Athletics	Net and Wall
Year 3	Fundamentals Year 3/4	Gymnastics	Dance	Dodgeball	Rounders	Athletics
	Dance	Football	Fitness	Ball Skills Year 3/4	Netball	Outdoor and Adventurous Activities
Year 4	Yoga	Gymnastics	Fitness	Basketball	Cricket	Athletics
	Tag Rugby	Hockey	Dance	Dance	Outdoor and Adventurous Activities	Tennis
Year 5	Gymnastics	Dance	Swimming	Swimming	Swimming	Swimming
	Outdoor and Adventurous Activities	Football	Dodgeball	Netball	Rounders	Athletics
Year 6	Tag Rugby	Hockey	Dance	Dance	Cricket	Athletics
	Gymnastics	Yoga	Fitness	Outdoor and Adventurous Activities	Basketball	Tennis